

As a designated **WATER WATCHER,**

I will...



Always watch and supervise children while they are in or near water.



Exclude distractions while on duty (No socializing, texting, reading, earbuds, etc.).



Have a working phone nearby to call 9-1-1 during an emergency.



Transfer duties to another adult who knows how to swim before leaving the area.



RECOGNIZE SWIMMERS IN DISTRESS AND TAKE ACTION.

Scan for
Hands-Only
CPR



- Shout for help.

REACH OR THROW, DON'T GO!

- Use a rescue object (i.e., hook, flotation or reaching device) when helping someone.
- Call 9-1-1 or have someone else call.
- Immediately begin CPR if the victim is not breathing.
- Have everyone exit the pool.

The **Los Angeles County Fire Department**
thanks you for your commitment to water safety.

