

SENIOR DISASTER SAFETY TIPS



BEFORE AN EMERGENCY

1. Plan for possible disasters in your community and sign up for alerts and notifications with the Los Angeles County Office of Emergency Management (323-980-2260)



2. Identify helpers, such as family, friends, and neighbors, that can assist you during a disaster. Carry a hard copy of their contact information.



3. Create an emergency kit and determine which specific medications and items are most important to you, such as hearing aids and eyeglasses.



4. Store enough food and supplies for at least three days in a duffel or container with wheels for easy access. Don't forget pet supplies!



5. Keep additional car supplies, like jumper cables, flares, and a map. Remember to keep gas tanks at least half full.



6. Know how to locate and turn off gas, water, and electric utilities.



7. Establish at least two evacuation routes away from your home.

AFTER AN EMERGENCY

8. Keep neighbors, friends, and family informed of your whereabouts.

9. Wait until authorities say it is safe to return home.

EMERGENCY CONTACT LIST

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211 LA COUNTY
Dial 2-1-1 for information about services and resources.

For more safety tips and information visit fire.lacounty.gov.